

Fall protection planner checklist



All the items in the "ITEMS TO BE CHECKED" column must be checked by operators

Indicate whether each item is in a serviceable condition (using a tick) or not (using a cross). If irrelevant, write n/a in the comments section. If defective, comment on the exact nature of the defect and do not operate until reported and corrected. A new checklist then needs to be filled in indicating that all parts are serviceable. Always follow manufacturer instructions and site procedures.

PERSONAL PROTECTIVE EQUIPMENT REQUIRMENTS

Possible need of a Harness and Connecting Device, High-Visibility Vest, Overall, Safety Helmet for Heights, Climbing Gloves, Safety Boots and Safety Goggles



ITEMS TO BE CHECKED

PRELIMINARY INFORMATION:

PROJECT NAME AND LOCATION
DATE OF PLAN CREATION
PLANNER'S NAME AND DESIGNATION
REVIEW DATE AND BY WHOM

HAZARD IDENTIFICATION:

LIST OF WORK AREAS
IDENTIFY FALL HAZARDS
FALL DISTANCES ESTIMATED
NEARBY OBSTRUCTIONS NOTED
WEATHER CONDITIONS CONSIDERED

EQUIPMENT SELECTION:

HARNESSTYPE AND SIZE
LANYARD TYPE AND LENGTH
ANCHOR POINTS IDENTIFIED
FALL ARREST SYSTEM SELECTED
EQUIPMENT INSPECTION DATE
RESCUE EQUIPMENT AVAILABILITY

INSTALLATION PROCEDURES:

PROPER ANCHOR INSTALLATION
HORIZONTAL LIFELINE SETUP
VERTICAL LIFELINE SETUP
PROPER TENSIONING OF LINES
CLEARANCE BELOW WORK AREA

WORKER TRAINING:

HARNESSTFITTING AND USE
CONNECTING AND ANCHORING
FALL DISTANCE CALCULATION
RESCUE PLAN AWARENESS
EMERGENCY CONTACT DETAILS

INSPECTION AND MAINTENANCE:

DAILY EQUIPMENT CHECKS
WEEKLY ANCHOR POINT CHECKS
MONTHLY SYSTEM INSPECTIONS
RECORD OF INSPECTIONS KEPT
DEFECTIVE EQUIPMENT LOGGED
HARNESSTAND LANYARD INSPECTION
INSPECTION AFTER A FALL INCIDENT
LIFELINE AND CONNECTOR CHECKS
INSPECTION OF RESCUE EQUIPMENT
REVIEW & UPDATE OF MAINTENANCE PROTOCOLS
STORAGE CONDITIONS - EQUIPMENT CHECKED

ITEMS TO BE CHECKED

WORK PROCEDURES:

WORK START/END TIMES
NUMBER OF WORKERS ON SITE
WORK ROTATION SCHEDULE
BREAK SCHEDULES

EMERGENCY PROCEDURES:

EMERGENCY EVACUATION PLAN
EMERGENCY CONTACT LIST
FIRST AID KIT LOCATION
NEAREST HOSPITAL ROUTE
PROCEDURE FOR FALLEN WORKER
COMMUNICATION METHODS

RESCUE PROCEDURES:

RESCUE EQUIPMENT LIST
RESCUE TEAM CONTACTS
RESCUE PRACTICE FREQUENCY
POST-FALL PROCEDURES
POST-RESCUE MEDICAL CARE

PLAN REVIEW AND UPDATES:

REVIEW FREQUENCY SET
UPDATED WHEN HAZARDS CHANGE
FEEDBACK FROM WORKERS
LESSONS FROM NEAR MISSES
CHANGES POST INCIDENTS

CLOSURE AND REPORTING:

END OF PROJECT REVIEW
EQUIPMENT RETURN PROCEDURE
INCIDENT REPORTS FILED
FEEDBACK FOR FUTURE PROJECTS
PLAN STORAGE LOCATION

ADDITIONAL CONSIDERATIONS:

SPECIAL EQUIPMENT NEEDS
NEARBY WORK AREA HAZARDS
WORK AT NIGHT CONSIDERATIONS
WEATHER-RELATED PRECAUTIONS
CONSULTATION WITH EXPERTS
STAKEHOLDER COMMUNICATION
PERMIT AND CLEARANCE CHECKS
ENVIRONMENTAL CONSIDERATIONS
EQUIPMENT STORAGE ON SITE
SITE ACCESSIBILITY CONSIDERATIONS
CONTINUOUS MONITORING PLANS